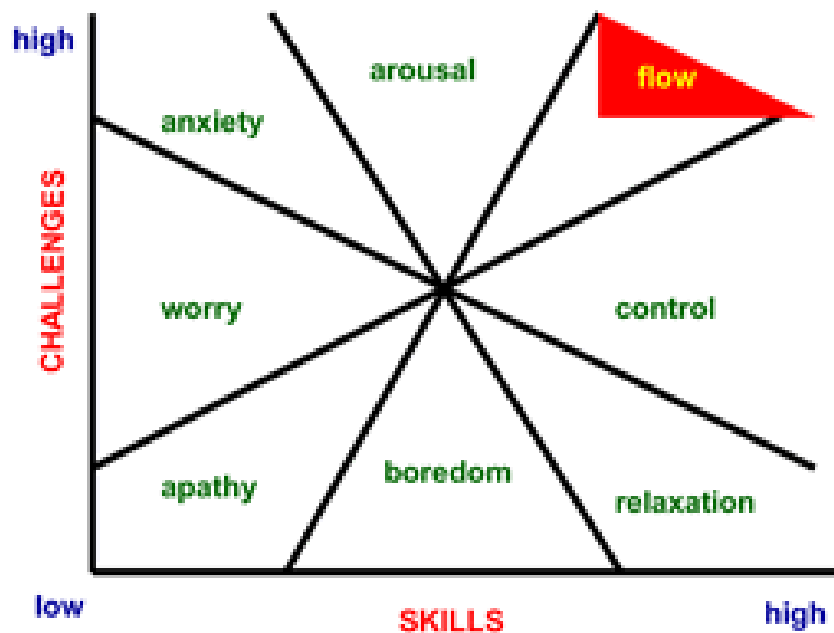# Flow and Technology:
Always Looking for the Next Challenge

- Connection between problem-solving center and reward center (immediate reward)
- Immediate feedback and onto the next task that is slightly more challenging
- Consider what we know about the 'gifted brain', cognitive lava, focus and sensory integration
- Gaming: what is the worst part of a game?